

MORE THAN CONQUERORS

Overcoming the Flesh

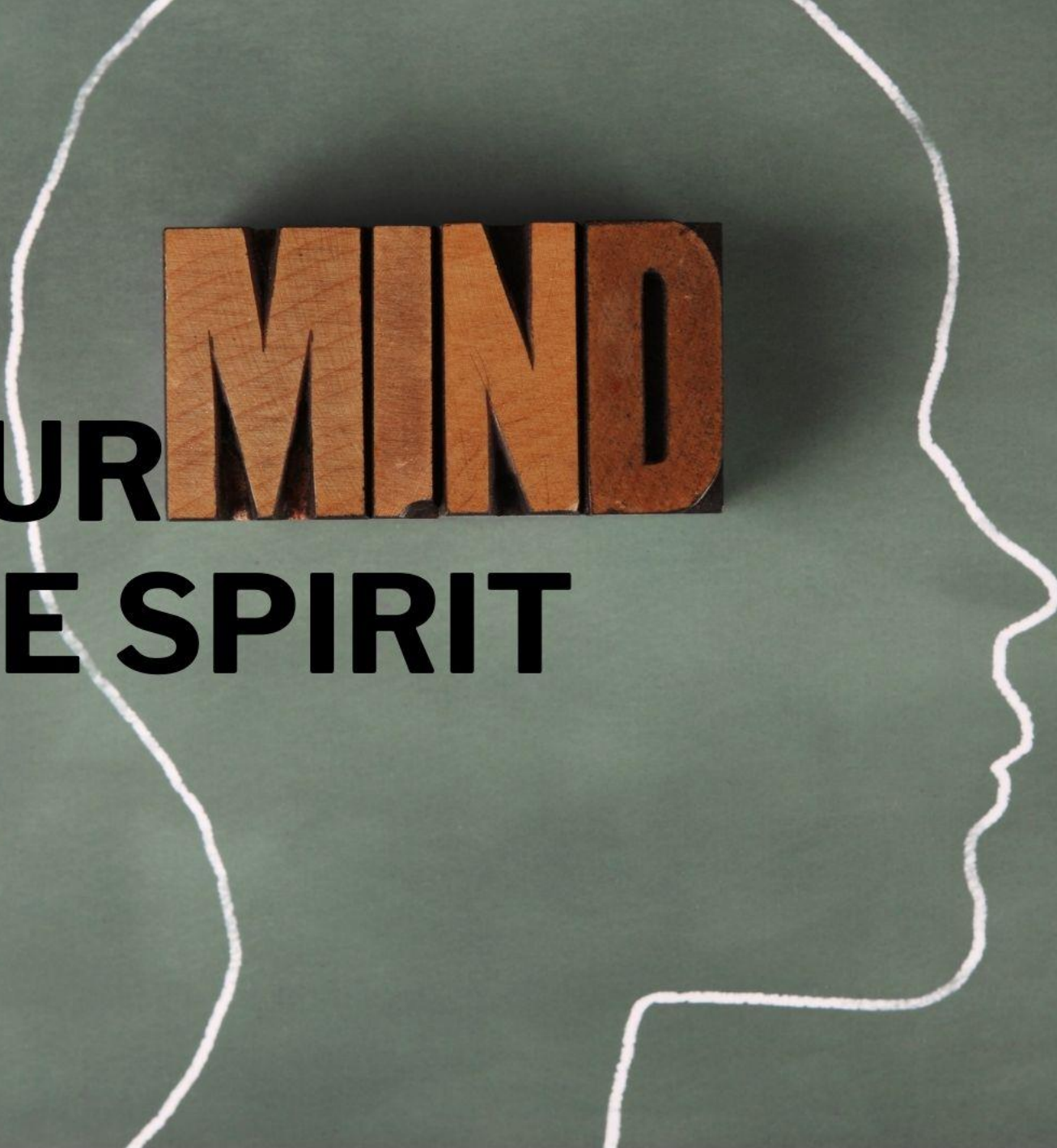


“For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing.”

Rom 7:19

**1. SET OUR
MIND
ON THE SPIRIT**

MIND



5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. 6 For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.

Rom 8: 5-6 (ESV)

What our minds focus on
determines if we are living
by the Spirit or by the flesh

The winning thoughts get the right to direct our actions and determine the path we take.

FLESH:

our sinful nature, selfish carnal desires

FLESH:

*“obsession with self, focusing on the self,
completely absorbed in self.” (The Message)*

"You are not mindful of the things of God,
but the things of men"

Matt 16:23

Set The Mind:

Intentional action or choice to focus

“Set your minds on things that are above,
not on things that are on earth.”

Col 3:2

“Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”

Rom 12:2



2. WALK IN THE SPIRIT

7 For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. 8 Those who are in the flesh cannot please God.

Rom 8: 7-8

"You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness."

Rom 8: 9-10

"You, however, **are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you.** Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness."

Rom 8: 9-10

We are no longer enslaved by our sinful nature or bound by the desires of the flesh

"Walk by the Spirit, and you will not gratify
the desires of the flesh."

Gal 5:16

“If we live by the Spirit, let us
also keep in step with the Spirit.”

Gal 5:25

"If the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you."

Rom 8:11

Walking in the Spirit transforms us from the inside out, aligning our desires with God's will.

22 But the fruit of the Spirit is love, joy, peace,
forbearance, kindness, goodness, faithfulness,
23 gentleness and self-control. Against such
things there is no law.

Gal 5: 22-23



**3. PUT TO DEATH
DEEDS OF THE FLESH
BY THE SPIRIT**

"For if you live according to the flesh,
you will die, but if by the Spirit you put to
death the deeds of the body, you will live."

Rom 8:13 (ESV)

“5 Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry.”

Col 3: 5-6

“If anyone would come after me, let him deny himself
and take up his cross daily and follow me.”

Lk 9:23