



**How can the LORD deliver  
Jerusalem from my hand?**

**2 Ki 18:35**

Do not be afraid of what you have heard... Listen! I am going to put such a spirit in him that when he hears a certain report, he will return to his own country, and there I will have **him cut down with the sword.**

2 Ki 19:6-7

That night, **the Angel of the LORD went out and put to death 185,000 men** in the Assyrian camp. When the people got up the next morning – there were all the dead bodies! So, Sennacherib ... broke camp and... returned to Nineveh and stayed there. One day, while he was worshipping in the temple of his god Nisroch, his sons Adrammelech and Sharezer **cut him down with the sword.**

2 Ki 19:35-36



**Psalm 46**

**<sup>1</sup>God is our refuge and strength, an ever-present help in trouble. <sup>2</sup>Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, <sup>3</sup>though its waters roar and foam and the mountains quake with their surging. Selah**

**Psalm 46: 1-3**

**<sup>4</sup>There is a river whose streams make glad the city of God, the holy place where the Most High dwells. <sup>5</sup>God is within her, she will not fall; God will help her at break of day. <sup>6</sup>Nations are in uproar, kingdoms fall; He lifts His voice, the earth melts. <sup>7</sup>The LORD Almighty is with us; the God of Jacob is our fortress. **Selah****

**<sup>8</sup>Come and see the works of the LORD, the desolations He has brought on the earth. <sup>9</sup>He makes wars cease to the ends of the earth; He breaks the bow and shatters the spear; He burns the shields with fire. <sup>10</sup>“Be still and know that I am God; I will be exalted among the nations, I will be exalted in the earth.” <sup>11</sup>The LORD Almighty is with us; the God of Jacob is our fortress. Selah.**

**Three Strophes as  
Three Points of the  
Sermon**

**God is Our Refuge,  
Strength, and Help  
(vv.1–3)**

**I**

**God is with Us (vv.4–7)**

**II**

**God is Exalted (vv.8–11)**

**III**

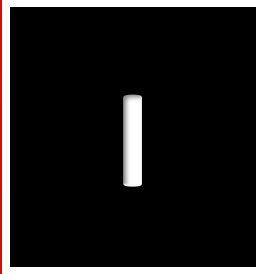


**No matter how awful our  
circumstances may be, we're  
convinced that  
our God is awesome.**

You are

**AWESOME**

**Mighty God**



# GOD IS OUR REFUGE, STRENGTH, HELP

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**Psalm 46:1-3**



**God is Our Refuge**

For in the day of trouble, He will keep me safe in His dwelling; He will hide me in the shelter of His tabernacle and set me high upon a rock. Then my head will be exalted above the enemies who surround me; at His tabernacle will I sacrifice with shouts of joy; I will sing and make music to the LORD.

Ps 27:5–6, NIV

**Yes, my soul, find rest in God; my hope comes from Him. Truly He is my rock and my salvation; He is my fortress, I will not be shaken... He is my mighty rock, my refuge. Trust in him at all times... pour out your hearts to Him, for God is our refuge.**

**Ps 62:5-8, NIV**

**Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. This I declare... He alone is my refuge, my place of safety; He is my God, and I trust Him... He will cover you with His feathers... shelter you with His wings. His faithful promises are your armour and protection. Do not be afraid of the terrors of the night, nor the arrow that flies in the day.**

**Ps 91:1-5, NLT**



**God is Our Strength**



**So, shall they fear the name of the  
LORD ... when the enemy comes in  
like a flood, the Spirit of the LORD  
will lift up a standard against him.**

**Is 59:19, NKJV**

**The LORD is my strength and my shield; my heart trusts in Him, and I am helped. My heart leaps for joy and I will give thanks to Him in song.**

**Ps 28:7, NIV**



**God is Our Ever-Present  
Help in Time of Trouble**

II

# GOD IS WITH US

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**Psalm 46:4-7**

**Lord Almighty**  
**Yahweh Sabaoth**

# **FORTRESS**

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**a protective net, a formidable castle, a strong defence,  
or an impregnable tower**

**When I am afraid, I will trust in  
You... I will not be afraid. What  
can mortal man do to me?**

**Ps 56:3–4**

**No, in all these things we are  
more than conquerors  
through Him who loved us.**

**Rom 8:37**



III

# GOD IS EXALTED

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**Psalm 46:8-11**




**Come and see the works  
of the LORD.**

**Ps 46:8**



**Be still and know that I  
am God.**

**Ps 46:10a**



**... that people  
may know that  
there is a God in  
Israel.**